ST JOHN'S WEEKLY NEWS

SUNDAY 20TH MARCH

UKRAINE



Many people want to know how they can help Ukrainian refugees.

- 1. Keep on praying.
- 2. **Give financially**, which is easiest via the Disasters Emergency Committee, https://www.dec.org.uk unless you have first hand knowledge of local charities.
- 3. St John's is signing up to the Sanctuary Foundation which is seeking to support churches in helping welcome refugees, and should be able to link us up with those needing refuge. Once the situation becomes a bit clearer, following the launch of the Government scheme on Friday 18th, we will send round a questionnaire asking how people might be able to be involved. We hope that the family of St John's can reach out in hospitality and love.

DATES FOR THE DIARY

Christian Aid dates:

8th May - 9.00am Breakfast in aid of Christian Aid 13th May 7.00pm Quiz 15th May - 12,30pm Hunger Lunch 22nd May -11.15am Garden Party

Southbourne celebrating the Queen's Jubilee 5th June - 11.30am - 3.00pm Picnic in the Park St. John's will be joining in with this celebration.





4 D'Clock Church

ACCESSIBLE

We use pictures alongside words in our liturgy and worship to help everyone feel included. There is plenty of activity at this service so if you need to move around that's ok.

TODDLER ZONE

There is a dedicated zone for pre-schoolers with colourful, easy to clean and fun but quiet toys so parents can relax and engage with the service. We're glad you're here, don't worry about noise.

WORSHIP

You can expect contemporary worship, working towards some free space to experience and enjoy God's presence.

COMMUNION

We aim to have communion every week except for the first in the month. You can choose bread only, or intincted (dipped in wine), or simply come forward for a blessing. We're working towards admitting children to communion before confirmation. We will keep you posted.

CREATIVE BIBLE READING

We often use tactile objects to explore a bible story or topic. We aim to make the story come to life for the listener!

Congregation participation!

ACTIVITIES

Children are provided with engaging activities for use during the sermon to give parents a chance to go deeper into God's word.

PRAYERS

We use creative ways to engage with God in prayer, sometimes moving around the room or using objects to quide us.

CHURCH NEWS / YOUR NEWS

We have a time of sharing and delighting in each other's news and achievements at the beginning of the service. Testimonies welcome.

GET INVOLVED

If you would like to get involved in 4 o'clock church, we're looking for welcomers or stewards, and volunteers to organise tea coffee before the service. See Kim



















a passion for life 2022 It's time to get ready!

PASSION FOR LIFE

Passion for Life will be on in the Lounge after the Sunday Service, if you would like to watch the video, **click here**



LENT TALKS

This Thursday's talk will on Covenant and will be led by Martin Fair. It will take place upstairs in the Centre.



FUNERAL

The Funeral for Margaret Hill will take place in St John's on Tuesday 22nd at 11am.

If you knew Margaret, you are welcome.to attend.



HAVING TROUBLE WITH CHURCHSUITE??

After the Service on Sunday, 3rd April, Kim and Susie will be holding a talk about how to use Churchsuite, how it will help you with church life and there will also be a question and answer time. This will replace Passion for Life that week.



DEMENTIA & CARERS DROP IN WITH SINGING

Starting on Monday, 4th April there will be Dementia Drop with some singing or exercises held in the Lounge at St. John's. There will also be refreshments served during this time. This is a community project run byu Sage House in Tangmere. There will be more information on a poster in the Centre.



EASTER LIFE WORDS

There are new Easter booklets in the Life words shelf, along with Easter Takeaway bags. Please feel free to take what you need to "plant a seed" Share with friends, give to the family, or leave at a suitable location for someone to find. Perhaps you might like to add a hot X bun, or chocolate to the bags. Happy Easter Barry and Elaine Heron



ELECTORAL ROLL

The APCM It will be on Wednesday, 27th April at 7.30pm in the church. The APCM (Annual Parochial Church Meeting) is an opportunity for anyone on the electoral roll to hear about the various works of the church and to voice support, concern or views. If you would like to take part but are unsure if you're on the electoral roll, contact Anne Marsden



30 DAYS OF PRAYER

If you would like a copy of 30 days of prayer for the Muslim world. Please put your name down the list at the back of church.



STREET PRAYERS <u>CLICK</u> HERE

Our prayers this week will be focused on: -

The Hermitage East including Penny Lane, Tupenny Lane, Southbourne Avenue, Apple Grove, Russet **Gardens & Bramley Gardens.**

We will be remembering Church Members in Nutbourne & Patricia Way.



ECO NEWS

FOOD WASTE ACTION WEEK

Some ways to reduce food waste.

Fruit and Veg.

Store berries dry in the fridge and wash just before use for longer life.

Bananas are one of the UK's most wasted foods. Freeze ones that are overripe in chunks, then blend from frozen with, say, peanut butter.

Make banana pancakes.

Freeze citrus fruit by cutting into slices and freeze flat. Freeze loose berries flat. Then bag ready for use.

Keep soft herbs, such as parsley or coriander in a jar with 2.5cm of water and keep in fridge.

Store mushrooms with some air flow, not an airtight container.

Store crumbs from breadboard in a tub in the freezer. Once full can be used for fish cakes, chicken nuggets.

Use out of date nuts, dried fruit, hard cheese to make fat balls for the birds.

Organise your fridge so that leftover veg/food that needs using quickly is kept at the front.

Keep an eye on your freezer so you don't end up with UFOs (unidentified freezer objects).

Check the website www.lovefoodhatewaste.com for more ideas and ways to use leftovers.



FRIDAY FELLOWSHIP

Friday Fellowship is after school for families to come and have some time together and enjoy fellowship. Children have time to play, and parents have time to chat. Then children spend half an hour in age groups exploring faith together and parents will have the opportunity to take part in the <u>Alpha Series</u>.

Then joining together for a meal.

We're serving a simple but tasty child friendly menu to suit all dietary needs. with puddings and drinks.



23 JULY-28 JULY 2022



at the EAST OF ENGLAND SHOWGROUND,
PETERBOROUGH

BOOK FOR SUMMER 2022

CLICK HERE

NewWine



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