

# ST JOHN'S WEEKLY NEWS

**SUNDAY  
13TH  
MARCH**



## LENT TALKS

Lent talks will start next Thursday, 10th March with a talk about Creation with Sarah Adams. This will start at 7.30pm in the Lounge.

**Fall - March 17th Matt Luff**

**Covenant - March 24th Martin Fair**

**Jesus Christ - March 31st Ian MacLennan**

**Restoration - April 7th Mike Wilson**

If you would like any further information the Lent talks, please speak with Matt.

**DONATE TO  
UKRAINE**

If you would like to help support the Ukrainian people in this time of crisis, one way is to donate via the disasters Emergency Committee (DEC).

The Government will match what is given up to £20 million. [Click here](#) to donate to DEC.

Please do not try to donate items which are difficult to get to the right people and can even hamper rescue work (See British Red Cross Advice).



Sunday  
17th April

Easter

CELEBRATION  
10am

An all age, altogether service to celebrate the resurrection, and the hope that Christ has made known for us.

Traditional and contemporary worship, Holy Communion and please stay afterwards for fellowship, refreshments and fun activities for children including an Easter Egg Hunt!

[CLICK HERE TO SIGN UP](#)

# 4 O'clock Church

## ACCESSIBLE

We use pictures alongside words in our liturgy and worship to help everyone feel included. There is plenty of activity at this service so if you need to move around that's ok.

## TODDLER ZONE

There is a dedicated zone for pre-schoolers with colourful, easy to clean and fun but quiet toys so parents can relax and engage with the service. We're glad you're here, don't worry about noise.

## WORSHIP

You can expect contemporary worship, working towards some free space to experience and enjoy God's presence.

## COMMUNION

We aim to have communion every week except for the first in the month. You can choose bread only, or intincted (dipped in wine), or simply come forward for a blessing. We're working towards admitting children to communion before confirmation. We will keep you posted.

## CREATIVE BIBLE READING

We often use tactile objects to explore a bible story or topic. We aim to make the story come to life for the listener! Congregation participation!

## ACTIVITIES

Children are provided with engaging activities for use during the sermon to give parents a chance to go deeper into God's word.

## PRAYERS

We use creative ways to engage with God in prayer, sometimes moving around the room or using objects to guide us.

## CHURCH NEWS / YOUR NEWS

We have a time of sharing and delighting in each other's news and achievements at the beginning of the service.

Testimonies welcome.

## GET INVOLVED

If you would like to get involved in 4 o'clock church, we're looking for welcomers or stewards, and volunteers to organise tea coffee before the service. See Kim







## HAVING TROUBLE WITH CHURCHSUITE??

After the Service on Sunday, 3rd April, Kim and Susie will be holding a talk about how to use Churchsuite, how it will help you with church life and there will also be a question and answer time. This will replace Passion for Life that week.

a passion for life 2022

*It's time to get ready!*



## DEMENTIA & CARERS DROP IN WITH SINGING

Starting on Monday, 4th April there will be Dementia Drop with some singing or exercises held in the Lounge at St. John's. There will also be refreshments served during this time. This is a community project run by Sage House in Tangmere. There will be more information on a poster in the Centre.



## EASTER LIFE WORDS

There are new Easter booklets in the Life words shelf, along with Easter Takeaway bags. Please feel free to take what you need to "plant a seed" Share with friends, give to the family, or leave at a suitable location for someone to find. Perhaps you might like to add a hot X bun, or chocolate to the bags.

Happy Easter

Barry and Elaine Heron

## STREET PRAYERS [CLICK HERE](#)

We will be focused on: -

Main Road West, including Pears Grove, Parham Crescent & Jubilee Mews.

This week we will also include Church members in the Westbourne & Woodmancote area.





## ECO NEWS

### FOOD WASTE ACTION WEEK

Some ways to reduce food waste.

Fruit and Veg.

Store berries dry in the fridge and wash just before use for longer life.

Bananas are one of the UK's most wasted foods. Freeze ones that are overripe in chunks, then blend from frozen with, say, peanut butter.

Make banana pancakes.

Freeze citrus fruit by cutting into slices and freeze flat.

Freeze loose berries flat. Then bag ready for use.

Keep soft herbs, such as parsley or coriander in a jar with 2.5cm of water and keep in fridge.

Store mushrooms with some air flow, not an airtight container.

Store crumbs from breadboard in a tub in the freezer. Once full can be used for fish cakes, chicken nuggets.

Use out of date nuts, dried fruit, hard cheese to make fat balls for the birds.

Organise your fridge so that leftover veg/food that needs using quickly is kept at the front.

Keep an eye on your freezer so you don't end up with UFOs (unidentified freezer objects).

Check the website [www.lovefoodhatewaste.com](http://www.lovefoodhatewaste.com) for more ideas and ways to use leftovers.

## Friday Fellowship

Jan 21st

Feb 4th

Feb 18th

Mar 4th

Mar 18th

Apr 1st

Apr 29th

May 13th

May 27th

Jun 24th

Jul 8th

## FRIDAY FELLOWSHIP

Friday Fellowship is after school for families to come and have some time together and enjoy fellowship. Children have time to play, and parents have time to chat. Then children spend half an hour in age groups exploring faith together and parents will have the opportunity to take part in the Alpha Series. Then joining together for a meal.

We're serving a simple but tasty child friendly menu to suit all dietary needs. with puddings and drinks.





**A** 23 JULY -  
28 JULY  
2022

**B** 29 JULY -  
3 AUGUST  
2022

at the EAST OF ENGLAND SHOWGROUND,  
PETERBOROUGH

**BOOK FOR  
SUMMER 2022**

[CLICK HERE](#)

[new-wine.org/United](https://new-wine.org/United)

NewWine





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